



PSHE Rationale

“PSHE education is a school subject through which pupils develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepared for life and work. Well-delivered PSHE programmes have an impact on both academic and non-academic outcomes for pupils, particularly the most vulnerable and disadvantaged.”

(PSHE Association, 2019)

Intent

- Personal, Social and Health Education at Lothersdale School will help to develop pupil’s understanding of the world and how they can navigate it as thoughtful, empowered individuals. Personal safety, both off and online, will be a key strand running through all learning with a focus on positive, healthy relationships and respect of diversity.
- The children are expected to make substantial progress in PSHE, through an appropriate balance of regular themed days, class teaching and Family Group sessions. Children will have opportunities to express and discuss opinions, ideas and feelings which will lay the foundations for further teaching at KS3 and in their everyday lives.
- There will be opportunities for the children to take a lead in planning and running fundraising events for charities of their choosing and interest. Children will learn that they can make a difference to the lives of others and that they are active citizens, this will support their transition to secondary school and adult life.
- A strength of the PSHE curriculum at Lothersdale School is the responsive, additional elements which are personalised to meet the needs of specific children or groups as their needs arise. Training from Compass Buzz enables teachers and TAs to offer additional support.
- PSHE is taught throughout school in such a way that reflect the overall aims, values and ethos of the school. At Lothersdale, PSHE plays a role in promoting the spiritual, moral, social and cultural development of our children.

Implementation

- The PSHE curriculum (which encompasses the statutory Relationships Education and Health Education) is taught through discreet lessons, which are enhanced by themed days and weeks, assemblies, visitors, high quality picture books, class reflection time and Family Group sessions.
- Themed days and events build a structure each year on which key stage assemblies and workshops, talks from visitors (including inspiring speakers, NSPCC, the police and faith representatives) and Family Group sessions are planned.

- Lothersdale's 'Pupil Safety Journey' (a progression of safety learning, both online and off) ensures that children are equipped with the knowledge, skills and confidence to make good choices and to seek advice and help when they feel they need it.

Impact: to be reviewed at the end of each year

Substantive knowledge in PSHE is threaded throughout the themes:

- Families and Friendships
- Safe Relationships
- Respecting Ourselves and Others
- Becoming a Community
- Media Literacy and Digital Resilience
- Money and Work
- Physical and Mental Wellbeing
- Growing and Changing
- Keeping Safe

Disciplinary knowledge in PSHE is the interpretation and application of substantive knowledge when making decisions and sharing thoughts about life and the world we live in. Children will have opportunities to make their own choices and evaluate the impact. Learning to have a voice, and be a force for good, in our local and the global community.

Creativity

Children develop creativity in PSHE by applying their knowledge to everyday life, for example by planning and running bake sales for local & national charities and by expressing their knowledge of themed days (including Children in Need, Anti-bullying, Internet Safety, Fairtrade Fortnight, NSPCC Pantasaurus) and sharing these with peers and younger children.

Spiritual, moral, social and cultural development (SMSC)

SMSC will be threaded throughout the assemblies and formal lessons of PSHE and pupils will be 'encouraged to regard people of all faiths, races and cultures with respect and tolerance'. (DfE 2014)

Spiritual development in PSHE will support children to become more reflective of their experiences, what they know and believe. It will support them to show an enjoyment of learning about themselves and others.

Moral development in PSHE will support the children to recognise the difference between right and

wrong and use this within their day to day lives. They will understand that actions have consequences.

Social development in PSHE will support the children's social skills in different environments and will develop their confidence and willingness to participate in a range of things.

Cultural development in PSHE will support the children's understanding and appreciation of different cultures within school and Britain and will show a willingness to participate in different cultural opportunities.

Through ensuring our pupils' SMSC development, fundamental British Values are actively promoted.

British Values

British values of democracy, rule of law, respect, individual liberty and tolerance are interwoven through all aspects of PSHE teaching and learning and be used as themes for assemblies.

Assessment in PSHE

Assessment in PSHE consists of teacher judgements based on the learning within each unit taught. Drawings, discussions and written evidence will all add to the teacher's evidence for the progression of learning within each class.

CPD

NYCC ~ PSHE and Effective RSE in Primary Schools. LB 9.3.2020

Just Like Us ~ LGBT+ Inclusion in Schools. LB Feb 2021 & March 2021

Reviewed September 2022