

# NORTH YORKSHIRE COUNTY CATERERS ~ MENU ~ AUTUMN TERM 2017

	<u>WEEK ONE</u> w/c 4 September 2017 w/c 25 September 2017 w/c 16 October 2017 w/c 13 November 2017 w/c 4 December 2017	<u>WEEK TWO</u> w/c 11 September 2017 w/c 2 October 2017 w/c 30 October 2017 w/c 20 November 2017 w/c 11 December 2017	<u>WEEK THREE</u> w/c 18 September 2017 w/c 9 October 2017 w/c 6 November 2017 w/c 27 November 2017 w/c 18 December 2017
<b>M O N D A Y</b>	<p><b>Meat Free Monday:</b>  <b>Quorn Tikka Masala</b> &amp; Brown Rice                      Broccoli &amp; Sweetcorn                      Herbie Bread                      *****</p> <p>Sticky Toffee Pudding &amp;                      Custard                      Fresh Fruit &amp; Yoghurt</p>	<p><b>V Organic Pork Meatballs</b> in                      Tomato sauce with Noodles                      Sweetcorn                      Peas                      Wholemeal Bread                      *****</p> <p>Arctic Roll &amp; Peaches                      Fresh Fruit &amp; Yoghurt</p>	<p><b>V Roasted Vegetable Tomato                      Pasta</b>                      Peas &amp; Carrots                      Sunflower Seed Bread                      *****</p> <p>Chocolate Semolina &amp;                      Mandarins                      Fresh Fruit &amp; Yoghurt</p>
<b>T U E S D A Y</b>	<p><b>Homemade Sausage Roll</b>                      Chipped Potatoes                      Baked Beans &amp; Peas                      Sliced Wholemeal Bread                      *****</p> <p>Strawberry Yoghurt &amp; Abbey Biscuit                      Fresh Fruit &amp; Yoghurt</p>	<p><b>Cottage Pie</b>                      Medley of Roasted Vegetables                      Savoy Cabbage                      Pitta Bread                      *****</p> <p>Apple Cinnamon Crunch Crumble &amp;                      Custard                      Fresh Fruit &amp; Yoghurt</p>	<p><b>Minced Beef &amp; Dumplings</b>                      Savoy Cabbage &amp; Carrots                      Creamed Potatoes                      Crusty White Bread                      *****</p> <p>Custard Cookie &amp; Apple Wedge                      Fresh Fruit</p>
<b>W E D N E S D A Y</b>	<p><b>Roast Beef &amp; Yorkshire Pudding</b>                      Roast Parsnips &amp; Carrots                      Creamed Potatoes                      Crusty Bread                      *****</p> <p>Apricot Bar                      Fresh Fruit &amp; Yoghurt</p>	<p><b>Roast Chicken, Stuffing &amp; Gravy</b>                      Carrots &amp; Green Beans                      Parsley Potatoes                      Herbie Bread                      *****</p> <p>Krispie Date Crunch                      Fresh Fruit &amp; Yoghurt</p>	<p><b>Fish Fingers</b>                      Sweetcorn &amp; Baked Beans                      Chipped Potatoes                      Wholemeal Bread                      *****</p> <p>Apple Cake                      Fresh Fruit &amp; Yoghurt</p>
<b>T H U R S D A Y</b>	<p><b>Chicken Fingers (Sage &amp; Onion)</b>                      Mixed Salad with Beetroot                      Baked Potatoes                      Pitta Bread                      *****</p> <p>Pineapple Shortcake &amp; Custard                      Fresh Fruit &amp; Yoghurt</p>	<p><b>Battered Fish</b>                      Tomato Sauce                      Peas &amp; Carrots Sticks                      Potato Wedges                      Sunflower Seed Bread                      *****</p> <p>Swiss Bun                      Fresh Fruit &amp; Yoghurt</p>	<p><b>Tex Mex Bake</b>                      (Minced Beef &amp; Potato layer)                      Green Salad &amp; Tomato Salsa                      Poppy Seed Bread                      *****</p> <p>Autumn Marble Berry Sponge &amp;                      Custard                      Yoghurt &amp; Fresh Fruit</p>
<b>F R I D A Y</b>	<p><b>Breaded Salmon Fillet</b>                      Tomato Sauce                      Broccoli &amp; Carrots                      Potato Wedges                      Tomato Bread                      *****</p> <p>Chocolate Crispie &amp; Orange Quarter                      Fresh Fruit &amp; Yoghurt</p>	<p>Pizza                      Veg Sticks                      Chipped Potatoes                      Poppy Seed Bread                      *****</p> <p>Chocolate Surprise Cake &amp;                      Chocolate Sauce</p>	<p><b>Chicken Korma &amp; Savoury                      Rice</b>                      Broccoli &amp; Cauliflower                      Naan Bread                      *****</p> <p>Fruity Gingerbread &amp; Custard                      Fresh Fruit &amp; Yoghurt</p>